

WHEREAS; polyendocrine metabolic ovarian syndrome (PMOS), previously known as polycystic ovary syndrome (PCOS), is a hormonal imbalance that occurs when an individual’s ovaries create excess hormones; and

WHEREAS; although PMOS is relatively common, affecting approximately one in 10 women of reproductive age, there is no single test to diagnose the syndrome, and it is often misdiagnosed due to the signs and symptoms of PMOS varying from person to person; and

WHEREAS; research suggests that PMOS is one of the most common causes of infertility, and common symptoms of PMOS can include irregular menstruation, abnormal hair growth, obesity, darkening of the skin, ovarian cysts, skin tags, and more; and

WHEREAS; PMOS can also increase an individual’s likelihood of developing diabetes, high blood pressure, cardiovascular disease, endometrial hyperplasia, endometrial cancer, sleep disorders, and depression or anxiety; and

WHEREAS; the exact cause of PMOS is unknown, however factors including insulin resistance, low-grade inflammation, genetics, and high androgen levels may increase the likelihood of PMOS development; and

WHEREAS; while PMOS currently has no cure, treatment often centers around symptom mitigation through medication and lifestyle changes; and

WHEREAS; this month, the state of Wisconsin joins all affected individuals, their families, and dedicated advocates and organizations across the state in spreading awareness of PMOS, supporting research, and embracing hope for improved treatments and a cure;

NOW, THEREFORE, I, Tony Evers, Governor of the State of Wisconsin,
do hereby proclaim September 2026 as

PMOS AWARENESS MONTH

throughout the State of Wisconsin and I commend this observance
to all our state’s residents.

IN TESTIMONY WHEREOF, I have hereunto set my hand and caused the Great Seal of the State of Wisconsin to be affixed. Done at the Capitol in the City of Madison this 26th day of August 2026.

TONY EVERS, Governor

By the Governor:

SARAH GODLEWSKI, Secretary of State